



Junior Preliminary Skills Evaluation – 2015-16

Please have this form completed by a **qualified swimming coach/teacher or pool lifeguard** and submit it when registering your child for nippers. In accordance with SLSV requirements Under 7 nippers are not required.

IMPORTANT:

- **EACH child needs to have this form completed (ie. Please do not put 2 family members on the one form).**
- **Nippers CANNOT participate in water activities unless this form has been completed and returned to the club .**

_____ (Nipper name) from the Lorne SLSC has completed the following swim and survival float for their age group.

Age Group	Swim requirement	Float requirement	Tick applicable age group
Under 8	25 metre swim (any stroke)	1 minute survival float	
Under 9	25 metre swim (any stroke)	1 minute survival float	
Under 10	25 metre swim (freestyle)	1 ½ minute survival float	
Under 11	50 metre swim (freestyle)	2 minute survival float	
Under 12	100 metre swim (freestyle)	2 minute survival float	
Under 13	150 metre swim (freestyle)	3 minute survival float	
Under 14	200 metre swim (freestyle) in less than 5 minutes	3 minute survival float	

Name: _____

Position: _____

Signature: _____ Date: _____